



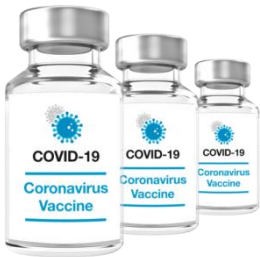
Hi,



The coronavirus means we all are having to change our routines to keep ourselves and everyone else **safe** from becoming ill.



This can be very confusing, so we will send you emails with links to easyread information that the government and the NHS are giving to us.



Today I am sharing easy read information about the Covid-19 Vaccine.



We have more easyread information about the coronavirus on our website.

www.hertfordshire.gov.uk/LDMyHealth

 You can also find daily top tips on keeping healthy over on our [Facebook page](#)



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Find out about our learning disability nurses and how we can help with your health at www.hertfordshire.gov.uk/LDmyhealth