



The Lodge Health
PARTNERSHIP

Lodge Highfield Redbourn

Lodge, Highfield &
Highfield Surgeries

Newsletter Date:
10/07/2021



On Monday 5th July our surgery joined in celebrating the NHS turning 73 by hosting a big tea party. Hundreds of events were held across the country to raise money to go towards making our NHS even better

Concerned about your information being shared?

Patient data from GP Medical records kept by GP practices in England is used respectfully, securely and safely every day to improve health, care and services through planning and research, helping to find better treatments and improve patient care. Data collected by the NHS is only used for health and care purposes. It is never shared with marketing or insurance companies. The NHS is planning to introduce an improved way for GP practices to share information about patients called the general practice data for planning and research data collection. News of these plans has caused some concern to some of our patients who have decided they don't want their data to be involved. If you have already contacted the surgery to ask to opt out of your identifiable information being shared your request will be honoured. This will not affect your own care. However nobody's data will be shared in this way until 1st September



Target Training 13th July

The surgery will be closed on Tuesday 13th July 12.30-6.30pm for a staff training session. During these training hours we cover many topics but this one will focus on the mental health and wellbeing of our staff as well as how we as a surgery can help the planet by becoming greener.

Look out for more information about how we are doing this on next month's newsletter

Please call 111 if you require medical assistance or 999 in an emergency

Shingles vaccination

Who's eligible?

Aged
70-79 years?

Everyone aged between 70 and 79 years is eligible for the shingles vaccine up to 79 years of age.

Protect yourself from the pain of shingles – speak to your GP surgery about having your vaccine today!

Immunisation

The safest way to protect children and adults

If you are eligible for your shingles vaccination please book into one of our shingles clinics by contacting reception or booking through our online services



A warm welcome to Carol who is joining our reception team across theLodge and Redbourn Health Centre

NHS

ALL ADULTS IN ENGLAND can now book their COVID-19 jab

COVID-19 VACCINATION PROGRAMME

The UK has now completed all phases of the vaccination programme successfully vaccinating 44.8 million people with their first dose to protect against coronavirus

If you still have not had your vaccination you can book or find a walk in centre using the link below

[Book or manage your coronavirus \(COVID-19\) vaccination - NHS \(www.nhs.uk\)](https://www.nhs.uk)

COPD IS THE 5TH BIGGEST KILLER IN THE UK

23,000 DEATHS IN ENGLAND EACH YEAR.

67,000 PATIENTS DIAGNOSED WITH COPD LIVING IN GREATER MANCHESTER

EVERY 20 MINUTES SOMEONE IN THE UK DIES AS A RESULT OF COPD

£73M COST OF MANAGING COPD HOSPITAL ADMISSIONS AND MEDICATIONS FOR GREATER MANCHESTER

£57.5M PRESCRIBING COST PER ANNUM
£16.4M HOSPITAL ADMISSIONS

THIS COPD PROGRAMME WILL LEAD TO:

- REDUCED SMOKING RATES
- REDUCED EXACERBATIONS
- REDUCED HOSPITAL ADMISSIONS
- INCREASE IN COST EFFECTIVE THERAPIES
- INCREASED PHYSICAL ACTIVITY
- INCREASED SELF MANAGEMENT
- REDUCED SIDE EFFECTS
- BETTER PATIENT OUTCOMES

Long Term Conditions

COPD

Chronic obstructive pulmonary disease (COPD) is the name for a group of lung conditions that cause breathing difficulties.

We are contacting patients in order of your month of birth to arrange a telephone consultation with a nurse to discuss your COPD

For more information on COPD and how you can help manage it follow the link below

[Chronic obstructive pulmonary disease \(COPD\) - NHS \(www.nhs.uk\)](https://www.nhs.uk)



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