



The Lodge Health  
PARTNERSHIP

Lodge Highfield Redbourn

Newsletter Date:

10/04/2022



## Medical Receptionists

We are currently looking for medical receptionists to join our team . If you are interested in this position, please contact us at [Sharon.wharton1@nhs.net](mailto:Sharon.wharton1@nhs.net) for more information



## Have you downloaded the NHS APP

If you have patient access then you can continue to use this but we recommend you also download the NHS app to your mobile phone or tablet. This now offers a range of features including

- Book and manage appointments
- Order repeat prescriptions
- Get health information and advice
- view your medical records securely
- Covid-19 vaccination status

<https://www.nhs.uk/nhs-services/online-services/nhs-app>

## Prescription requests

**Please make sure you allow at least 48 hours when requesting repeat prescriptions to be processed. We can receive over 1000 prescription requests a day and it is very difficult to process last minute requests. We particularly receive last minute requests on a Friday so please allow enough time if your medication will run out over the weekend.**



Renay and Lyn Williams will be walking 24km each for Anglian air ambulance from the Norfolk Broads to Norwich on Saturday 7<sup>th</sup> May 2022. If you would like to sponsor them the details are in Redbourn reception, or you can drop either of them a message. Best of luck ladies

## Stress Awareness Month



Stress Awareness Month has been held every April since 1992 to increase public awareness about both the causes and cures for our modern stress epidemic. Statistics from 2019 show that 74% of adults in the UK have felt so stressed that they felt overwhelmed or unable to cope (Mental Health Foundation). The last year has been especially difficult, particularly for healthcare staff dealing with the brutal realities of the COVID-19 pandemic, so it's even more important that we're looking after ourselves and one another. For advice and tips for coping with stress you can follow the link [Stress Awareness Month 2022 - The Stress Management Society](#)

## Covid-19 Updates

**Boosters** – We are now inviting all over 75's for their 4<sup>th</sup> covid booster. Please look out for a text message inviting you to book this. We will telephone patients who do not have a mobile phone

**Vaccination status updates** – If you have had your covid vaccination and it is not showing on your NHS App and you have had the vaccination by another healthcare provider please contact 119 as we are unable to update your records

**Fit to fly letters** – Please be aware we cannot provide letters to patients confirming they are fit to fly following a positive covid result.



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