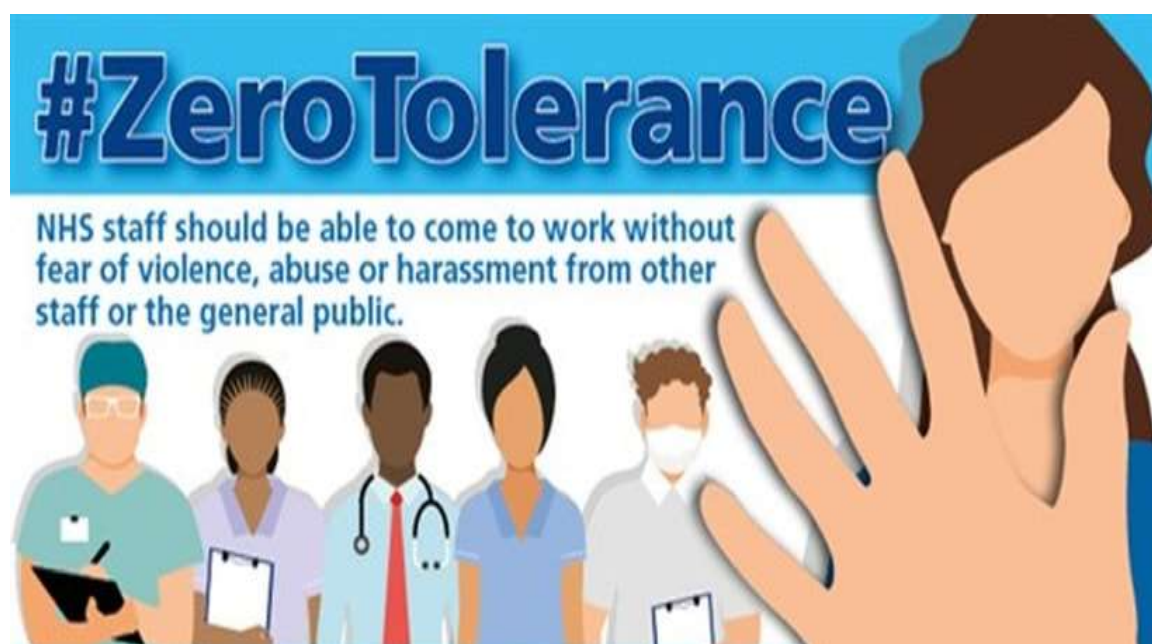




Zero Tolerance Abuse towards staff

As demand for GP services has increased dramatically over the last year, sadly so has the amount of abuse practice staff have faced. Please be patient and courteous to our staff who will do their best to support you.

We have recently had patients scream and shout in reception and consultations rooms and some patients have felt the need to physically assault members of staff. This is not acceptable and we reserve the right to send a warning letter or remove patients from our Practice List should this occur.



Practice Updates Surgery Training Days

The surgery is currently scheduling more training days for all staff. This means that once a month for half a day the surgery is closed.

We know this may be an inconvenience to our patients, but it is important that all our staff are kept up to date with the ever-changing information available to us. By making sure all our staff attend, it ensures that everyone is aware of the information.

This helps increase our knowledge within the surgery which can then be passed on to our patients to ensure your care is to the best standard.

Social Media - Our latest changes

Did you know you can follow us for up-to-date information on your health and the surgery updates via our social media.

This is a great way to keep up with the surgery information.

We post health updates, reminders for the little things you may forget like your blood pressure and surgery closures, including on the day technical difficulties that we sometimes face in the surgery.

We are also working in the background on improving our website to make it more user friendly. You may have already noticed some small changes in the way you can contact the surgery via the website, and we aim to have our full website changes uploaded soon.

If you haven't yet, why not sign up to the NHS App? You can request repeat prescriptions, get access to your test results and book specific appointments.

Fit Notes The latest updates

New Fit Note Requests

Our SCA team can issue your fit notes saving time and appointments with the GP. These, however, need to be checked and signed by the GPs before they can be issued which can take a few days to turn around from your initial request. Some fit note requests may require a GP appointment if we have not been seen for your symptoms.

Fit Notes The latest updates

Extensions of current fit notes

If you find you are needing more time off work and you have a current fit note, you can request an extension through our E-Consult section on our website. Please Note: Extensions cannot be issued until the current fit note has expired. These only need to be requested a few days before they expire, and we will issue a new one once expired

Fit Notes The latest updates

Fit to Work Notes

Unfortunately, we are unable to issue a fit to return to work note. If your fit note has expired, you can return to work if the GP does not wish to review your symptoms. If you have had surgery, you will need to discuss this with your consultant. The surgery can only issue you may be fit to work with adaptations notes. We cannot tell you that you are fit to work.

International Epilepsy Day

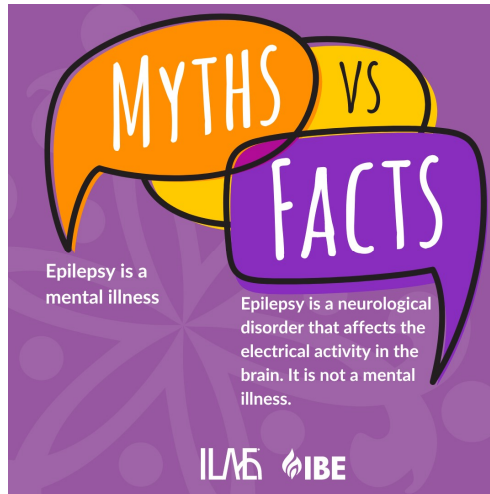
Monday 13th February 2023

International Epilepsy Day is an annual event organized by the International Bureau for Epilepsy (IBE) and the International League Against Epilepsy (ILAE) to raise awareness about epilepsy and its impact on individuals, families and communities around the world.

Epilepsy affects almost every aspect of the life of the person diagnosed with the condition. For many people living with epilepsy, the stigma attached to the condition is more difficult to deal with than the condition itself.

This year's International Epilepsy Day campaign seeks to dispel these myths. By sharing facts about epilepsy, we will challenge public misconceptions about

Misconceptions and myths often contribute to the stigma surrounding epilepsy. For example, many people assume that epilepsy is a mental illness, that it limits activities, or even that epilepsy is contagious.



It's important to educate ourselves and others about the facts about epilepsy and to dispel these myths and misconceptions. This can help to reduce the stigma and discrimination faced by people living with epilepsy and ensure that they have access to the same opportunities and rights as everyone else.



National HIV Testing Week

6th – 12th February

Today over 105,000 people live with HIV in the UK. Yet recent research found 63% of the public do not remember seeing or hearing about HIV in the past six months. Only a third said they have sympathy for people living with HIV regardless of how they acquired it.

A survey also found 1 in 5 think people think you can acquire HIV through kissing. Only 16% knew if someone is on effective treatment, they can't pass HIV on and can expect to live a long and healthy life.

World AIDS Day is the perfect time for us to raise much needed awareness about HIV.

We have a once in a lifetime opportunity to end the HIV epidemic for good, but we must also continue fighting the stigma still experienced by people living with HIV. Your support can help us realise our vision of a future where HIV is no barrier to health or equality.

Visit www.worldaidsday.org/2022-campaign for more information

Road Works

Getting to the surgery

There are currently no planned road closures around our Redbourn surgery that may affect your journey.

There are multiple side road closures around the Lodge surgery in the next few weeks. This may affect parking in the area. Delays are also expected on the Redbourn Road.

There are currently no planned road closures around our Highfield surgery that may affect your journey.

